



unique

UNDERSTANDING GENES
& CHROMOSOMES

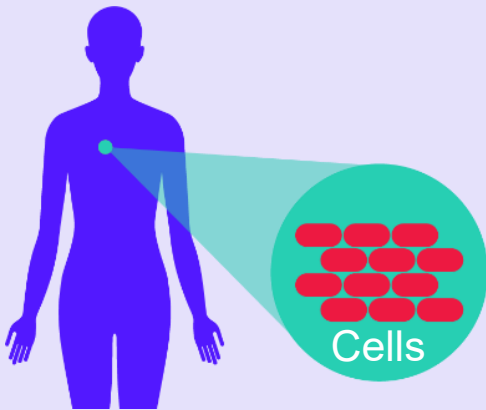
Easy read guide

CDK13-related disorder

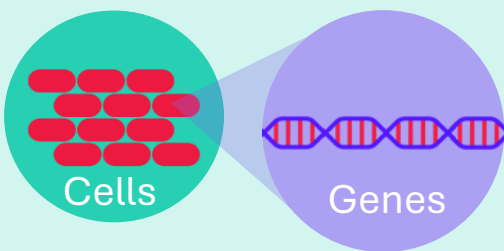
rarechromo.org



Before we learn about CDK13-related disorder, first let us learn a little bit about our bodies.

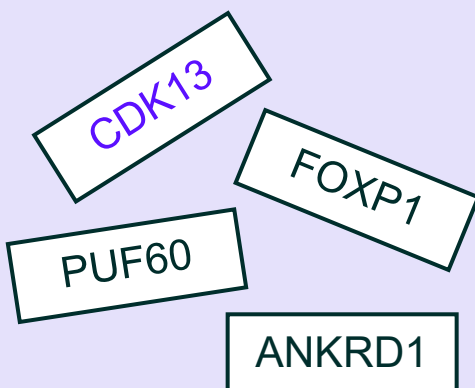


Our bodies are built from millions of tiny building blocks called cells.



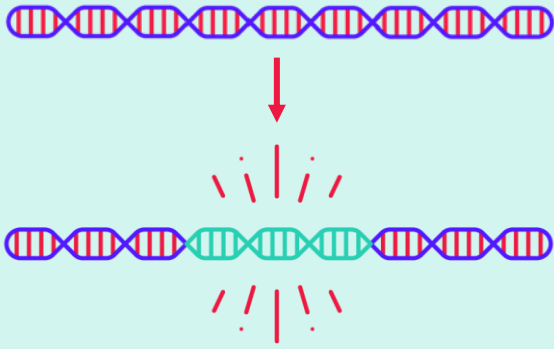
Our cells contain genes.

Genes are the instructions that tell our bodies how to grow and work.



We all have thousands of genes.

Each gene has its own special name and function.



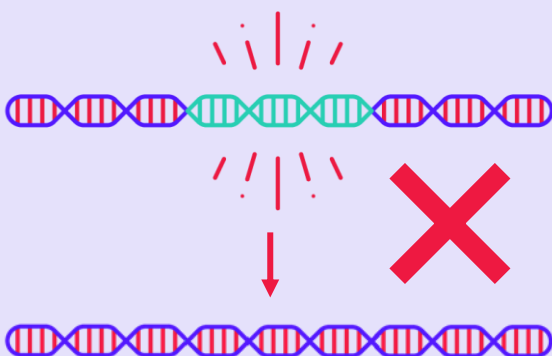
Sometimes we have a change in a gene.

CDK13

CDK13-related disorder is caused by a change in a gene called CDK13.



The change in the CDK13 gene can affect how the gene works.



The change in the CDK13 gene cannot be removed or replaced.



People with a CDK13-related disorder are all different from each other.



Some people with CDK13-related disorder find some things harder to do than other people with CDK13-related disorder.



Some people find it difficult to learn how to read.



Some people find it difficult to learn how to speak.



Some people need help to understand things.



Some people feel a bit sad or worry a lot.

There is help for people who are sad and worry a lot.



Some people might also need to visit a doctor, dentist or therapist a bit more often than other people.



People with CDK13-related disorder can have different challenges and different strengths.



Why do I have CDK13-related disorder?

CDK13-related disorder often happens by chance. Most people are the first person in their family to have it.



Some people have CDK13-related disorder because their mum or dad have it.



If you have a child, they could have CDK13-related disorder too.



How do I know I have CDK13-related disorder?

You can only find out if you have CDK13-related disorder by having a genetic test.



It is good to know that you have CDK13-related disorder so you can get extra help if you need it.



If you would like to know more about CDK13-related disorder, you can talk to your doctor or a genetics specialist.



You can contact a CDK13-related disorder support group.



You can contact or [join](#) a charity, like Unique.



To find out more about Unique,
you can call us on the phone.

+44(0)1883 723356



You can email us.

help@rarechromo.org



You can go to our website.

<https://rarechromo.org/>



You can send a letter to our office.

The Stables, Station Road West,
Oxted, Surrey, RH8 9EE, UK.



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